

MINI BIO:

Julia Lenardon

Julia has been a working professional actor for over 20 years and has acted in many regional theatres including the Stratford Festival and most recently, at the new Montgomery Classical Theatre in Prince Edward Island.

Voice Teaching training at York University led to apprenticeships at The Denver Center Theatre Company, The Canadian National Voice Intensive and the M.F.A. Acting Program at Harvard University.

She taught the morning core Voice/Speech Classes and coached the student productions at the National Theatre School of Canada for 7 years.

Professional theatre coaching includes:

A New World, (Theatre de L'Oeil)
Quills, *A Lie of the Mind*, *Dracula* (Fallen Angels Prods),
Doubt (Centaur Theatre) *Old Wicked Songs* (Segal Centre),
Rooms - A Rock Musical (New Wave Musical Festival)
Film Coaching includes; *Emotional Arithmetic*,
le Piege American, *Dr. Jeckyll & Mr. Hyde*,
Durham County Series 3, *Ubisoft's Assassin's Creed 2*,
Immortals, *Voyez Comment Ils Dansent*.



Private Voice/Speech Sessions
Private Dialect Sessions are also available. Contact number below for more details and to make an appointment.

Phone: 514 273-9621
Email: jlenardon@hotmail.com
Web: <http://web.me.com/jlenardon>

Voice Production and Dialect Instruction Group Classes FALL 2010

Julia Lenardon
Voice/Speech/Dialects

What is Voice Work? Why Voice Work for Actors?

A Voice and Speech course addresses the fundamental principles of breath and voice production. In rehearsal or performance:

- Have you ever found yourself running out of breath?
- Strained your voice or fallen into a half whisper during emotional moments?
- Struggled with a tired/hoarse voice?

If you want to be a singer and you sing well in the shower – you have to train to sing professionally.

If you want to be an athlete and you can walk/run for the bus – you have to train to run professionally.

If you want to be an actor and you can speak normally – you have to train to speak professionally.

Learn to breathe fully and in a supportive way.
Learn to open up the range and colour of your voice to reflect who you are and the emotional journey of the characters you play.

The tools and exercises introduced in this course will:

- allow you to become more aware of and then release habitual physical and vocal tension and inefficient breath patterns.
- lead to the discovery and exploration of easier and more flexible breath patterns
- fuller resonance for expanded vocal range
- clearer articulation of words and thoughts, and power and expression in application to text and scene work.

Voice and Speech Production Group Sessions

Session 1

Breath/Voice and the Channel (Throat/Jaw/Tongue/Soft Palate tension)

Sunday September 19: 12:30 – 2:30

Sunday September 26: 12:30 – 2:30

Sunday October 3: 12:30 – 2:30

Session 2

Breath/Voice and Resonance

Sunday October 24: 12:20 – 2:30

Sunday October 31: 12:30 – 2:30

Sunday November 7: 12:30 – 2:30

COST: \$100.00 + GST/QST per session (6 hours)

Email or call to register placement

Wear comfortable workout clothes.

Bring sweaters for layering.

Bring water.

LOCATION:

For Voice/Speech Group Session

General American Accent Group Session

The National Theatre School of Canada

5030 St. Denis (Laurier Metro)

Introduction to General American Accent Group Sessions

The ability to work in a dialect is a fundamental skill for actors. Many film/tv auditions and roles, for films ask for a 'General American' sound. Get the job. Actors also take this workshop for basic English Clarification.

Session 1

Sunday September 19: 3:00 – 5:00

Sunday September 26: 3:00 – 5:00

Sunday October 3: 3:00 – 5:00

Session 2

Sunday October 24: 3:00 – 5:00

Sunday October 31: 3:00 – 5:00

Sunday November 7: 3:00 – 5:00

COST: \$110.00 + GST/QST per session (6 hours).

Email or call to register placement

Bring audio taping device to record sessions and pen.

ON-GOING GENERAL AMERICAN SESSIONS

These sessions are for those who have already participated in a full 3-Sunday Introduction to General American Group session. These sessions are smaller in number and are organized, as dictated by demand, once or twice a month

Julia Lenardon, Voice/Speech/Dialects

GROUP AND PRIVATE COACHING

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